

# RETREATS 2010



Cape May Point, New Jersey

Retreat Center of the  
Sisters of Saint Joseph of Chestnut Hill  
Philadelphia, Pennsylvania



Our  
100<sup>th</sup> Anniversary  
celebration  
continues ...

It is with great joy that we welcome Ms. Joan Dollinger as Administrator of Saint Mary by-the-Sea. It is clear to us that Joan is a faith-filled woman who is committed to Jesus Christ and to our mission of unity. We are confident that she will create an environment where God's graces may flow freely to all who enter this sacred space.

*Sisters of Saint Joseph General Council*

*Ocean of Grace, Tides of Transformation* – for more than 100 years that has been how God has moved and worked here at Saint Mary by-the-Sea Retreat House! Spiritual rejuvenation begins the moment you enter the doors! It is a blessing for me to share in the ministry of the Sisters of Saint Joseph at Saint Mary by-the-Sea, as I believe deeply in the Sisters' mission and charism. I welcome you to come for one or more of the programs taking place on this holy ground and sacred space. My prayer is that God will gift those who journey here with a spirit of renewal, unity, and reconciliation so that *all may be one and ready for any good work!*

*Joan Dollinger*  
Joan Dollinger  
Administrator

## MISSION STATEMENT

Saint Mary by-the-Sea, Cape May Point, is a retreat house sponsored by the Congregation of the Sisters of Saint Joseph of Philadelphia to provide opportunities for annual retreat for the members of the Congregation and others. Some opportunities for vacation are also provided.

Saint Mary by-the-Sea offers these opportunities to retreatants and vacationers in the hope of contributing to the wholeness of their lives and to a healthy rhythm of prayer, work, and relaxation for the sake of mission.

In seeking to provide opportunities for annual retreat and vacation, the staff of Saint Mary by-the-Sea is committed to:

- ▶ the mission of unity and spirit of self-emptying love and cordial hospitality to which the Sisters of Saint Joseph are called.
- ▶ a retreat atmosphere which is conducive to prayer through quiet, a climate of communal presence to God, and respect for individual privacy.
- ▶ varied prayerful celebrations of daily Eucharist.
- ▶ a variety of styles of retreat offerings.
- ▶ a vacation atmosphere of relaxation, community spirit, and respect for individual differences.
- ▶ clean, comfortable accommodations and nourishing, well-balanced meals, within the limits of affordability.

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## INFORMATION

**IMPORTANT: Silence is observed on ALL directed and guided retreats, day and night, at all meals, throughout the house. All guests are expected to honor this silence.**

**Saint Mary by-the-Sea offers both directed and guided retreats:**

A **directed retreat** is a one-on-one experience. A director meets with the retreatant each day to reflect on the interior movements of the retreatant's prayer and to discern with the retreatant the presence of the Spirit. The only communal gathering during a directed retreat is the Liturgy of the Eucharist. As far as possible, requests for a particular director are honored.

A **guided retreat** includes daily input by the director to the group, considerable private prayer time, Liturgy of the Eucharist, and occasional times for private interviews with the director.

Please see the calendar on page 6 for additional spiritual growth and enrichment programs offered at Saint Mary by-the-Sea.

**RETREATS ARE OPEN** to all women. On some retreats, there is very limited space for men. Vacations are open only to vowed religious because of tax-exemption laws. **PRIORITY** is given to reservations from Sisters of St. Joseph of Philadelphia until March 1.

**GUEST ROOMS:** First, second, third, and fourth floors. NO elevator. NOT handicapped-accessible. Capacity about 115 guests.

**ARRIVAL/DEPARTURE:** Guest check-in starts at 12:30 p.m. Lunch is NOT served on arrival/departure day, but soup and crackers are available. Guests are welcome for supper the first evening: 5:30 p.m. on retreat, 5 p.m. on vacation. Retreats open at 7 p.m. and close with 8 a.m. Eucharist followed by breakfast. Early arrivals or late departures **MUST** be requested in advance. If early or late days fall within another retreat, such arrangements cannot be confirmed until late June. A donation is expected for added days.

**PLEASE BRING:** Bible, extension cord, a fan – upper floors are often very hot, coffee mug to reduce use of disposable cups, mosquito repellent, sun screen, towels, laundry soap, cloth napkin if you wish.

**PROVIDED:** Bicycles, iron and ironing board, pay laundry machines, bed linens (but towels are *NOT* provided; **bring towels**).

**DRESS:** Casual. Shirts/shoes required: Chapel, Dining Room, Kitchen.

**TELEPHONE:** 609-884-8878, main house, between 9:00 and 11:00 a.m. during retreat and between 12 noon and 2:00 p.m. during vacation. **MESSAGES ONLY PLEASE.**

If there is need to speak with a guest, please arrange in advance for the guest to be near the phone when you call. Try to avoid calls on the opening day of a retreat or vacation. **The phone available to guests requires the use of a phone card for long distance.**

**BEACH:** The house is on the beach. Beach tags are provided for a \$5 donation plus a \$5 refundable deposit.

**DIET:** If you need regular menu items prepared differently, such as low-fat, low-salt, or vegetarian items, please inform the kitchen staff upon arrival. If you need specialized alternatives that are not routinely stocked by our kitchen, please bring them with you and inquire about refrigerated storage space.

**RESERVATIONS:** Most retreat spaces are reserved before the first retreat in mid-June. **Before mailing a reservation after May 1, please call to learn whether there is any space.** Responses to telephone inquiries and mailed reservations will be delayed from May 20 to June 15 while the office is being set up at Cape May Point.

**STAFF:** Catherine Corrigan SSJ Patricia O'Donnell SSJ  
Joan Dollinger Ann Raymond Rafter SSJ  
Kathy Hart SSJ Roseann Tribuiani SSJ  
Kathleen Moriarty SSJ

**PLEASE NOTE:** This brochure contains important information about your stay at Cape May Point. Copies are available from Catherine Corrigan SSJ (contact information, page 8) or online at: <http://www.ssiphila.org/CapeMay2010Retreat.pdf>

**Click one of the links to the right to access Emergency Contact Form**

*Form to print and postal mail  
Form to e-mail*

## ***DRIVING DIRECTIONS TO SAINT MARY BY-THE-SEA***

***Parking space is very limited. Please car-pool whenever possible.***

### **From Philadelphia by Route 55**

Enter New Jersey by the Walt Whitman or the Ben Franklin Bridge. Follow signs for Route 42. Exit onto Route 55 south. When 55 ends, follow signs for 347. When 347 ends, continue on 47. Turn right at the Post Office in Rio Grande onto Railroad Avenue, which becomes Seashore Road and then Broadway. Continue on Broadway through West Cape May to the traffic light at Sunset Boulevard; turn right onto Sunset. Turn left on Lighthouse Avenue, second left turn past Route 607. When you come to the lighthouse on the left, turn right. Saint Mary by-the-Sea, Lincoln and Lehigh Aves, is a block ahead.

### **From the north by the Commodore Barry Bridge, Routes 322, 55**

Blue Route (476) south to Route 95 south to the Commodore Barry Bridge. Stay on Route 322 to Route 55 South. Follow remaining directions (above) when Route 55 ends.

### **From the south by the Delaware Memorial Bridge**

Delaware Memorial Bridge to Route 40 to Route 55 south. Follow remaining directions (above) when Route 55 ends.

### **From the south from the Cape May-Lewes Ferry Terminal**

Take Route 9 (Sandman Boulevard) for about 2 miles. Turn right onto Seashore Road, which will become Broadway. After 2.5 miles, turn right at a traffic light onto Sunset Boulevard. Turn left on Lighthouse Avenue, the second left turn past Route 607. When you come to the lighthouse on the left, turn right. Saint Mary by-the-Sea, Lincoln and Lehigh Aves, is a block ahead.

### **From the north by the Garden State Parkway**

Garden State Parkway south until it ends. Continue straight through Cape May to end of Lafayette Street. Turn right and follow the street around to the left, through 2 traffic lights, and out Sunset Boulevard to Cape May Point. Turn left on Lighthouse Avenue, the second left turn past Route 607. When you come to the lighthouse on the left, turn right. Saint Mary by-the-Sea, Lincoln and Lehigh Aves, is a block ahead.

**2010 CALENDAR**

- June 4 - June 6 ❖OCEAN OF GRACE: Lifting our Creative Spirits  
100<sup>th</sup> Anniversary Event.  
For information: [jdollinger\\_marybythesea@comcast.net](mailto:jdollinger_marybythesea@comcast.net)
- June 20 - June 27 GOD AT THE CENTER OF OUR BEING, God  
Beyond the Horizon of Our Vision / *Janet Mock CSJ*
- June 20 - July 23 THIRTY-DAY RETREAT
- June 27 - July 4 DIRECTED RETREAT (SIX DAYS)
- June 27 - July 4 "RABBOUNI!" / *Dolores Clerico SSJ*
- July 4 - July 5 THIRTY-DAY RETREAT CONTINUES  
NO OTHER PROGRAM
- July 5 - July 14 DIRECTED RETREAT (EIGHT DAYS)
- July 14 - July 21 HOMECOMING: "I will bring them back to their  
homeland" (*Jer. 23:3*) / *Terrence J. Moran CSSR*
- July 21 - July 22 THIRTY-DAY RETREAT CONTINUES  
NO OTHER PROGRAM
- July 22 - July 29 CONTINUING THE JOURNEY... / *Barbara Hobbs PBVM*
- July 29 - Aug. 5 SAVED BY BEAUTY/*Bro. Mickey O'Neill McGrath OSFS*
- Aug. 5 - Aug. 10 VACATION
- Aug. 10 - Aug. 19 DIRECTED RETREAT (EIGHT DAYS)
- Aug. 19 - Aug. 20 NO PROGRAM - HOUSE IS CLOSED
- Aug. 20 - Aug. 27 DIRECTED RETREAT (SIX DAYS)
- Aug. 20 - Aug. 27 ONE IN LOVE: TRANSFORMING OUR WORLD  
*Anne McCoy SSJ*
- Aug. 27 - Sept. 2 VACATION
- Sept. 7 and Sept. 8 ❖WOMEN'S GATHERINGS / *Barbara Springer SSJ*  
For information: 215-248-7222
- Sept. 10- Sept. 12 ❖WOMEN'S WELLNESS WEEKEND  
For information: [development@ssjphila.org](mailto:development@ssjphila.org)
- Sept. 13- Sept. 20 DIRECTED RETREAT (SIX DAYS)
- Sept. 24 - Sept. 26 ❖SSJ ASSOCIATES RETREAT  
For information: 215-248-7239
- Oct. 2 ❖TIDES OF TRANSFORMATION: Moving with the  
Rhythm of the Sea / 100<sup>th</sup> Anniversary Closing Event  
For information: [jdollinger\\_marybythesea@comcast.net](mailto:jdollinger_marybythesea@comcast.net)
- Oct. - Nov. ❖Weekly WOMEN'S SPIRITUAL ENRICHMENT Gatherings  
For information: [jdollinger\\_marybythesea@comcast.net](mailto:jdollinger_marybythesea@comcast.net)

❖These programs will be held at Cape May Point, but reservations will be handled elsewhere. Reservations for these programs can NOT be made using the process and reservation form provided in this brochure.

**2010  
RESERVATION  
RETREAT/VACATION**

<b>OFFICE USE ONLY. DO NOT WRITE IN THIS BOX.</b>		
Date _____	Conf'd _____	Wait Not _____
Dep _____	Bal Due _____	Dep Ret'd _____

CHECK  Vacation  
ONLY ONE  Retreat, Title: \_\_\_\_\_

Arrival date: \_\_\_\_\_ Departure date: \_\_\_\_\_

\_\_\_\_\_  
LAST NAME & CONGREGATION INITIALS FIRST OR RELIGIOUS NAME

\_\_\_\_\_  
NAME OF CONVENT (IF APPLICABLE) STREET ADDRESS

\_\_\_\_\_  
HOME TELEPHONE WORK TELEPHONE CITY, STATE, ZIP CODE

AGE \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

CHECK  SSJ OF PHILA  OTHER CONGREGATION Initials: \_\_\_\_\_  
ONE  SSJ ASSOCIATE  NO CONGREGATIONAL AFFILIATION

\_\_\_\_\_  
HEALTH CONSIDERATIONS WHICH AFFECT ROOM ASSIGNMENT

\_\_\_\_\_  
ROOM PREFERENCE (ROOM PREFERENCES MUST ACCOMPANY RESERVATION)

If you wish a room near another person, please give that person's FULL NAME, even if forms are mailed together. Computer arranges reservations alphabetically by last name.

Do you NEED a room on the first floor? Yes \_\_\_ No \_\_\_

If NECESSARY, can you have a room above the 2nd floor? Yes \_\_\_ No \_\_\_

***Please do NOT respond "yes" to a room above the second floor unless you are truly able to climb the extra flight of stairs without physical difficulty.***

<b>PREFERENCE FOR DIRECTOR FOR DIRECTED RETREATS</b>	
1st Preference _____	Woman _____ Man _____
2nd Preference _____	No Preference _____
If we cannot honor your preferences, we will assign a director without consulting you further.	

**SEND A SEPARATE COPY OF THIS FORM FOR EACH RESERVATION.**

**SEND \$45 DEPOSIT (not more than \$45, please) AND**

**SELF-ADDRESSED STAMPED ENVELOPE WITH THIS FORM.**

**If several confirmations are to be mailed together, put all names on the envelope.**

## ***RESERVATION DIRECTIONS***

### **PLEASE SEND FOR EACH RESERVATION:**

- (1) A separate completed reservation **FORM** (previous page) for each person; send separate forms for retreat and for vacation.
- (2) **SELF-ADDRESSED STAMPED ENVELOPE** for your confirmation.
- (3) **NON-REFUNDABLE DEPOSIT:** see the descriptions of the retreat or vacation on pages 9-13 for the amount. Please do not send more than the requested deposit.

For Sisters of Saint Joseph of Philadelphia, \$385 is already paid toward your retreat. Send entire additional fee with reservation.

Deposits apply to the total fee. Balances should be paid on arrival day by check or cash **ONLY**, no credit cards.

### **DEPOSITS ARE NOT REFUNDABLE.**

**BALANCES for your ENTIRE STAY are due upon arrival.**

**Please make CHECKS payable to Sisters of St Joseph.**

**MARK OUTSIDE OF ENVELOPE  
“SUMMER RETREAT/VACATION.”**

### **SEND FORMS AND DEPOSITS AS FOLLOWS:**

Before May 20 and

after Aug. 26, 2010:  
SUMMER RETREAT/VACATION  
Catherine Corrigan SSJ  
Mount Saint Joseph Convent  
9701 Germantown Avenue  
Philadelphia PA 19118-2694  
[stmary@ssjphila.org](mailto:stmary@ssjphila.org)  
215-248-7218 (9 a.m. - 4 p.m.)

June 10 to August 26, 2010:  
SUMMER RETREAT/VACATION  
Patricia O'Donnell SSJ  
St Mary by-the-Sea  
P O Box 382  
Cape May Point NJ 08212  
[stmary@ssjphila.org](mailto:stmary@ssjphila.org)  
609-884-8878

(During retreat: 9 - 11 a.m.  
vacation: 12 noon - 2 p.m.)

**PHONE CALLS TO GUESTS ARE MESSAGES-ONLY.  
May 20-June 15: PHONE INQUIRIES ARE PROCESSED  
FOR THE FIRST RETREAT ONLY.**

*(Directions continue on the next page →)*

**IMPORTANT:** Send a self-addressed stamped envelope if you wish to receive a **CONFIRMATION FORM**. Confirmations guarantee a room, but not a *specific* room assignment. If you do not receive a confirmation within a month, inquire by e-mail, mail, or phone. Your confirmation is your receipt; bring it with you. **CANCELLATIONS:** Notify us as early as possible so your place can be offered to others.

**ROOM ASSIGNMENTS** are single and made in the order in which reservations are received. It is not possible to honor all room preferences, but every effort is made. For a room near another person, include that person's **FULL** name on the reservation form.

**HEALTH NEEDS** have priority in assigning rooms. Indicate on the reservation form if health, especially inability to climb stairs, is a consideration. If we are unable to meet your health needs, we will contact you. Contact us if your health needs change.

**ROOM PREFERENCES** (e.g., 3<sup>rd</sup> floor, facing street, not facing porch) **MUST** be sent with the reservation. Room assignments for the entire season are finalized in June. Preferences arriving later can rarely be honored except for health reasons. Please ask for a general location, not a specific room. Specify which of two preferences is more important (e.g. ocean view or third floor). Only about half of our rooms have ocean views. Room choice is limited if the reservation does not arrive early.

**MAILING LIST:** To be added to the mailing list for next year's retreat brochure, mail or e-mail your address to Catherine Corrigan SSJ (contact information on page 8). Include your e-mail address if you can receive a link to the online brochure rather than a paper copy. E-mail is preferred.

## ***RETREATS***

**GOD AT THE CENTER OF OUR BEING, GOD BEYOND THE HORIZON OF OUR VISION**

**Janet Mock CSJ**

**June 20 - 27**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

This guided retreat will focus each day on one indispensable relationship within our relationship with God: our relationship with self and family of origin; our interpersonal relationships, friendships; our relationships with institutions—Church, religious congregation, workplace; our relationship with society—local and global; our relationship with Earth and the Cosmos. Each morning will begin with prayer and a presentation, after which the participants will receive a reflection paper with suggestions for prayer for the day. Optional small group sharing available each day. (Retreat title/themes are adapted from the Religious Formation Conference Statement of Context for Formation in the 21st century.)

**THIRTY-DAY RETREAT****June 20 - July 23**

DONATION: \$1800

DEPOSIT: \$150

A retreat which offers the *Spiritual Exercises* of Saint Ignatius on a personally directed basis. The applicant is expected to have made several extended directed retreats and to be receiving ongoing spiritual direction.

Interested persons should call or write by April 15: SSJ Center for Spirituality  
Mount Saint Joseph Convent  
9701 Germantown Avenue  
Philadelphia PA 19118-2694 215-248-7222

**"RABBONI!"****Dolores Clerico SSJ****June 27 - July 4**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

Jesus teaches us the way into the Divine Dance and the Little Design. If we choose to follow, then we must put on the mind of Christ Jesus. This guided retreat invites us to behold, ponder, and experience Christ Jesus that we may embrace anew what is essential to revealing the face of God and participating in the work of unioning love in our time and place. Please bring a bible. If you have a picture or image of Jesus that is meaningful for you, consider bringing that as well. Limit 20.

**DIRECTED RETREAT (SIX DAYS)****June 27 - July 4**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

Rev. Jack Ballweg	Bette Gallagher RSM	Maria Metzger SSJ
Carol Beevers SSJ	Winifred Grellis SSJ	Kathleen Smith RSM
Assunta Boyle RSM	Mary Louise Heffernan SSJ	Barbara Springer SSJ
Helen Cahill OP	Eileen Dorothy Maguire SSJ	Ethelyn Tucker CPS
Mary Kay Flannery SSJ	Anna Louise Schuck SSJ	

**30-DAY RETREAT ONLY from NOON July 4 to NOON July 5.****DIRECTED RETREAT (EIGHT DAYS)****July 5 - 14**

DONATION: \$475 (\$420 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$35)

Assunta Boyle RSM	Margaret Ellen Burke SC	Anna Louise Schuck SSJ
Helen Cahill OP	Mary Louise Heffernan SSJ	Kathleen Smith RSM
Maureen Conroy RSM	Maria Metzger SSJ	Barbara Springer SSJ
Winifred Grellis SSJ	Janet Mock CSJ	Margaret Thompson SSJ
Mary Heffron IHM	Mary Ann Nolan RSM	George Williams SJ
	Elizabeth O'Hara SSJ	

**HOME COMING: "I will bring them back to their homeland." (Jer. 23:3)****Terrence J. Moran CSSR****July 14 - 21**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

This guided retreat, through presentations, prayer and ritual, faith sharing and Eucharist, will invite participants to come home and find themselves in relationship to the elements of their own sacred story—the continuing unfolding of the 13.7 billion year Universe Story; the Jesus story; our own personal stories.

**30-DAY RETREAT ONLY from NOON July 21 to NOON July 22.****CONTINUING THE JOURNEY...****Barbara Hobbs PBVM****July 22 - 29**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

This guided retreat will provide a time to walk with women and men in Sacred Scripture and listen to their stories as they journey with God. As we watch and listen, we become aware of our own sacred scripture which we write daily as we, too, journey with God – in times of joy, in times of struggle, and in times of ordinariness.

**SAVED BY BEAUTY****Brother Mickey O'Neill McGrath OSFS****July 29 - August 5**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

Saints from Francis DeSales to Dorothy Day and Pope John Paul II have professed their belief in the saving power of beauty and our basic human desire to be immersed in it. It heals our broken hearts, it inspires our dreams and calms our anxieties. Through the paintings and stories of Brother Mickey, come discover new ways to pray and discover the beautiful presence of God in the most unexpected faces and places. It may even lower your blood pressure!

**DIRECTED RETREAT (EIGHT DAYS)****August 10 - 19**

DONATION: \$475 (\$420 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$35)

Trudy Ahern SSJ	Mary Ellen Higgins IHM	Joan Riethmiller SSJ
Helen Cahill OP	Barbara Hobbs PBVM	Janet Ruffing RSM
Winifred Grellis SSJ	Madeleine Lane SSND	Mary Spratt rc
Patricia Hickey SSJ	Mary Elizabeth Looby GNSH	Margaret Thompson SSJ
Catherine Looker SSJ	Claire McNichol SSJ	Barbara Springer SSJ
Janet Mock CSJ	Mary Helen Nugent RSM	Mary Catherine Walton SSJ

**THE HOUSE IS CLOSED from NOON Aug. 19 to NOON Aug. 20.**

**DIRECTED RETREAT (SIX DAYS)**

**August 20 - 27**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

Mary Bryan SHCJ	Maureen Christensen RSM	Kathryn Madden CND
Helen Cahill OP	Mary Ellen Dougherty SSND	Carol Marozzi SSJ
Winifred Grellis SSJ	Rose Mary Dougherty SSND	Joan Riethmiller SSJ
Julia Grey OP	Vincent Fortunato ofmCap	Marcella Springer SSJ
Patricia Hickey SSJ	Jean Marie Holup SSCM	Elizabeth Sweeney SSJ
Barbara Hobbs PBVM		

**ONE IN LOVE: TRANSFORMING OUR WORLD**

**Anne Mc Coy SSJ**

**August 20 - 27**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

In light of Chapter 2009, this guided retreat will focus on the Spirit and Mission of the Sisters of St. Joseph and Associates with a particular emphasis on our values of "contemplative life stance, right relationships, courageous risk taking, and self-emptying inclusive love." This guided retreat will include a morning conference, periods of personal prayer, and an optional sharing in the evening. Limited to 20 Sisters of St. Joseph and Associates.

**DIRECTED RETREAT (SIX DAYS)**

**September 13 - 20**

DONATION: \$420 (\$385 for SSJ/Phila) DEPOSIT: \$45 (SSJ/Phila: \$0)

Marina Bochnewich OSBM	Patricia Hickey SSJ	Joan Riethmiller SSJ
Winifred Grellis SSJ	Maria McCoy SSJ	Barbara Springer SSJ
Julia Grey OP		

Limited to 35. After September 1, to register or cancel, or to obtain information, call Catherine Corrigan SSJ (contact information page 8).

**PRIVATE RETREAT**

Reservations for private retreat time cannot be made until all reservations for scheduled retreats are processed, usually some time in late June. Reservations for private retreat are not available after the close of the last vacation period on September 2.

For reservations of one to four days during retreat periods, inquire about the *per diem* retreat donation. The donation for private retreats longer than four days is the same as the current retreat. The vacation donation rate applies ONLY during the scheduled vacation periods.

**VACATIONS**

**August 5 - August 10**

**August 27 - September 2**

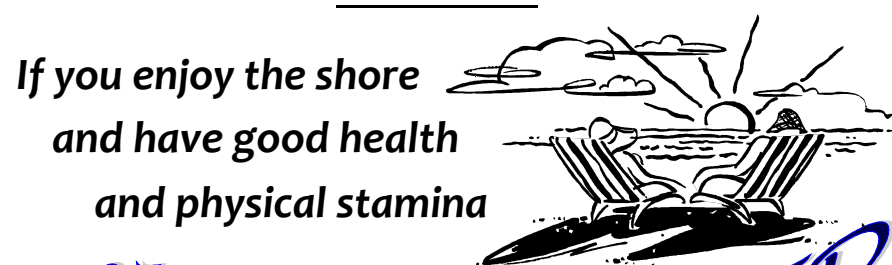
DONATION: \$45 per night

DEPOSIT: \$45 (SSJ/Phila: \$45)

Vacations are open only to vowed members of religious congregations because of tax-exemption laws.

Vacation donation is determined by the number of nights spent at Cape May Point: \$45 per night. The vacation donation rate applies ONLY during scheduled vacations. It includes two meals per day.

A \$45 NON-REFUNDABLE deposit MUST accompany ALL vacation reservations, including those from Sisters of Saint Joseph of Philadelphia.



**If you enjoy the shore  
and have good health  
and physical stamina**

**YOU ARE INVITED**



**to volunteer  
for the  
summer 2010  
staff at**

**Cape May Point**

**Both new and experienced staffers are encouraged to volunteer. Staff work five or six hours a day; evenings and part of afternoons are free. See staff positions, next page.**

**Liturgist:** The *LITURGIST* plans, coordinates, directs music and liturgy in collaboration with presider and, as desired, with retreat directors.

**Kitchen Staff:** *KITCHEN HELPERS* prepare meals; they do NOT have responsibility for meal planning or ordering. *SALAD BAR* staff prepares salads. *PANTRY* staff prepares condiments, desserts, beverages, bread, and the like. *DINING ROOM* staff keeps the dining room in order and coordinates the serving line. *SNACK ROOM* staff maintains coffee and snack stations. *KITCHEN AIDES* wash pots/pans and help with kitchen cleaning.

**House Staff:** The *SACRISTAN* is responsible for the chapel and sacristy. *LOBBY DESK* staff greets guests and visitors and answers the telephone. *SAINT JOSEPH HOUSE* and *QUEEN OF THE SEA* staff clean and maintain order in Saint Joseph House and Queen of the Sea, respectively. *LAUNDRY* staff provide laundry service for the staff. *BATHROOMS/DISHWASHER* staff clean the bathrooms and operate the dishwasher after meals. *GROUNDS/GARDEN* staff care for flowers, shrubs, and grass.

***If you wish to volunteer, please contact us as soon as you can, preferably by April 30:***

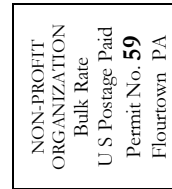
***LITURGISTS, e-mail:*** Mary Ann Mulzet SSJ  
mamulzet@aol.com

***OTHER STAFF, e-mail:*** Joan Dollinger  
jdollinger\_marybythesea@comcast.net

Please include full name, e-mail address, and telephone number.

***DATES:*** See the calendar on page 6 for retreat and vacation dates.

***Join us!***  
***We work hard, enjoy each other and***  
***the beach, and have lots of fun!***



Sisters of Saint Joseph  
Mount Saint Joseph Convent  
9701 Germantown Avenue  
Philadelphia PA 19118-2694