

Mission Effectiveness Reflection

Trinitarian Spirituality

As Sisters of St. Joseph we believe that to be fully human is “to be about relationships, relationships rooted in our Trinitarian God and revealed in the design of the Universe.” For our reflection we choose Rublev’s icon entitled, “Trinity,” for it reflects a spirituality of mutual love and harmony.

Trinitarian spirituality is based on the values reflected in the image of the Trinity, namely; mutual love, interdependence, and inclusion. Therefore, at the heart of the Trinity is “communion;” a communion based on justice for all, liberation of the poor and oppressed, and equality.

“Living Trinitarian faith means living according to the power and presence of the Holy Spirit; responding to God in faith, hope, and love; eventually becoming in harmony and communion with every other creature in the common household of God.” (Catherine Mowry LaCugna)

This is the last of four booklets developed by the Mission Effectiveness Committee, based on the Mission of the Sisters of St. Joseph. It is our hope that these booklets will be a source of enrichment for us and for others. We recommend that you duplicate these booklets and use them with as many people as possible; local community, parishioners, co-workers, neighbors, and friends of the Congregation.



For Your Reflection

“St. Augustine used the experience of fire to speak of the Trinity. He said, ‘Fire can not burn without its brightness and its warmth.’ In this image fire represents the Father, the brightness of the fire shining into the world symbolizes Jesus Christ; and the warmth of the fire is the Holy Spirit, the love poured into our hearts. This image helps us to see that the Trinity is a very special way of speaking about the one God: God is beyond us, with us, and within us.”



“According to the doctrine of the Trinity, God lives as the mystery of love among persons...Living Trinity means living God’s life: living from and for God, from and for others. Trinitarian faith means living as Jesus Christ lived, in persona Christi: preaching the gospel, relying totally on God; offering healing and reconciliation...embracing the enemy and the sinner...”

(Catherine Mowry LaCugna)

“God is not solitude, but perfect communion. From God being communion derives the vocation of all humanity to form the one great family in which the various races and cultures meet one another and are reciprocally enriched.”

(Pope John Paul II)

Reflection Questions

1. What image of the Trinity best supports your desire to be in “Communion” with God, others, creation?
2. What are the implications of Trinitarian Spirituality for our wounded world?

The committee welcomes feedback or suggestions you would like to offer. Please send them to:

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We look forward to hearing from you.
Thank you in advance.



“Live more in the presence of God...Realize more and more that every human being whom you meet is the living image of the Blessed Trinity. Respect and honor all as a consequence.”
Thomas Judge, CM

List of Reflection Booklets

Mission Effectiveness

Unity

Reconciliation

Trinitarian Spirituality

MISSION EFFECTIVENESS

Sisters of Saint Joseph and Associates in Mission

“That all may be one.”

Trinitarian Spirituality



We live and work so that all people
may be united with God
and with one another.”



Mission of the Sisters of St. Joseph