



Sisters of Saint Joseph

CENTER FOR SPIRITUALITY

***OFFERINGS
2009 - 2010***



**9701 Germantown Avenue
Philadelphia, PA 19118
(215) 248 - 7222**

**email: spiritualcenter@ssjphila.org
Web: ssjphila.org/spirituality.html**

May 10, 2010 - May16, 2010

This individually *Directed Retreat* will be conducted at the **Sea Isle City, NJ** house of the Holy Redeemer Sisters. This new home, on the beach block, is equipped with an elevator and heating/AC. It will run from Monday at Noon until Sunday at Noon.

Directors: Pat Hickey, SSJ and Joan Riethmiller, SSJ
Limit: 7 **Cost:** \$400 (deposit: \$50)

SABBATICAL SATURDAYS

Saturday, November 14, 2009
10AM - 1PM

Janice McGrane, SSJ
Cost: \$15 - \$20

Saints To Lean On:

Spiritual Companions for Illness and Disability

Come and pray with a friend from heaven! A morning of reflection based on Janice's book of the same title. Meet eleven different members of the communion of saints and how they coped spiritually with their illnesses and disabilities. See how the faith of these saints helped them to deal with such illnesses as terminal illness, strokes, mental illness, addiction and others. Copies of Janice's book will be available at discount price.

Saturday, December 12, 2009
9:30AM - 3:30PM

Peg Conboy, SSJ
Cost: \$20 - \$40

Promises, Promises : An Advent Day of Prayer

Come, savor the drawing power of God's promises in Advent (and beyond!) God promises to be with us.

Saturday, January 23, 2010
9:30AM - Noon

Dolores Clerico, SSJ
Cost: \$15 - \$20

Eyes Open, Ears Attentive, Spirit Alert

This morning offers an opportunity to experience and deepen understanding of *State of the Heart*, a practice given to the first sisters by Jean Pierre Medaille. Sharing the *State of the Heart* helps to keep us attentive to God and faithful to our common mission to be about the work of unioning love in our world. This prayer form can be a means of on-going transformation in our lives, individually and communally.

Saturday, February 20, 2010
9:30AM - 3:30PM

Carol Marozzi, SSJ
Cost: \$20 - \$40

Listening to the Music of Creation
Learning the Dance of the Universe

Through prose, poetry, and scripture, as well as through the wonders of creation, we will be encouraged to experience a sense of unity with all of life and thus be challenged to take greater responsibility to care for the earth and all that inhabits our planet. In being drawn to the Divine, we are drawn to the One who is the source of all that is and thus are brought into greater enjoyment and appreciation of life and goodness. Please bring a bible, journal and writings that speak to you of global spirituality.

Saturday, March 13, 2010
10AM – 2PM

Carol Zinn, SSJ
Cost: \$15 - \$20

Peace is Flowing Like a River...It Is?

The human heart longs for peace, the human spirit yearns for peace, the human mind desires peace. If this is true, then why is peace so eluding? Why does peace seem like a far off goal, even unattainable at times? Come and participate in the search for peace on a personal, communal, national, and universal level. Come and create the peace we seek. Let peace begin with you...me...us. If not us, then who? If not here, then where? If not now, then when?

HOLY WEEK TRIDUUM

Thursday, April 1 to Saturday, April 3, 2010

Cost: \$80 - \$100

Come and experience the sacred days of Holy Week with a meaningful blend of personal quiet time in solitude and communal liturgical services, rich in symbol and simplicity. The Spirituality Center offers one the ideal venue to pray through the mysteries of Holy Thursday, Good Friday and the Easter Vigil leading to a deepening experience of the Resurrection of Jesus Christ.

MORNINGS OF GUIDED PRAYER AND REFLECTION

“COFFEE & CONTEMPLATION”

Thursdays, 2009

**October 8, November 12,
December 10**

Thursdays, 2010

**January 14, February, 11,
March 11, April 8**

Facilitated by the Center Staff

9:30AM - Noon

Cost: \$15 - \$20

Come to relax and renew yourself in a quiet, prayerful atmosphere. These mornings will include a brief focus for your personal reflection time. Each participant will have her/his own room for privacy. Bring a journal if you like to write. The morning concludes with a brief sharing of the heart.

These mornings are one of our most popular programs, combining the luxury of time apart for spiritual enrichment through the input of the presenter, time alone for pondering one's spiritual journey, and time with others who share the desire for a deeper life with God.

EVENINGS OF INPUT AND PRAYERFUL REFLECTION

*(All gatherings will be in the Federation Room
of the SSJ Spiritual Center)*

Tuesday, October 13, 2009

Roberta Archibald, SSJ

6:30PM - 8PM

Free Will Offering

Laced in a Legacy of Love:

Mother Saint John Fournier

Celebrate the season of our CSSJ founding by joining with other sisters and associates who find inspiration in the spirit, work, and life of Julie Alexis Fournier, our Mother Saint John. Through prayer, images, storytelling and conversation, explore the many dimensions of this courageous and faithful woman who has entrusted us with the legacy of her great love.

Tuesday, December 1, 2009
6:30PM - 8PM

Anne McCoy, SSJ
Cost: \$10

Jesus, A Light in the Darkness
An Advent Evening of Reflection

As we move through this Advent season lights will shimmer around us recalling the arrival of Jesus, a light in the darkness. The focus of this evening is our call to live in Jesus' light and to be a source of light for others. The evening will include prayer, input and sharing.

Tuesday, March 2, 2010
6:30PM - 8PM

Kathleen Duffy, SSJ
Cost: \$10

Teilhard's China Years

How did Jesuit Teilhard de Chardin sustain his spirit under the burden of long years of exile and rejection by Church authorities? What supports were available to him despite the fact that his efforts to live out the vision that he discerned to be of God were continually thwarted? In this program, we will explore the clues to Teilhard's spiritual depth found in his letters to his family and friends and take time to plumb more deeply our own source of spiritual strength.

OTHER OFFERINGS

SPIRITUAL DIRECTION:

Spiritual direction is a ministry in which one person accompanies another in the process of growing in intimacy with God. The focus of the spiritual direction relationship is one's religious experience with God in her or his prayer life and how that relationship with God is lived out in one's everyday circumstances. This ministry of spiritual companionship is one of our primary services at the SSJ Center. Sessions are 50 to 60 minutes. **Cost: \$25 - \$50**

RETREAT IN EVERYDAY LIFE: (19th Annotation)

This directed retreat, made in the midst of daily life, is for those who wish to deepen their relationship with God. Based on *The Spiritual Exercises of St. Ignatius*, this retreat involves a commitment of several months, a weekly meeting with a director, and a commitment to daily prayer and journaling. It is recommended that the applicant has been in spiritual direction for at least one year and has made at least one directed retreat.

Cost: \$700 plus \$150 non-refundable deposit

PRIVATELY ARRANGED

DIRECTED RETREATS OR WEEKENDS OF PRAYER

Those desirous of making a retreat or a weekend of prayer at times other than those scheduled should call the Center business office or a staff member to arrange this time. This time of solitude may be scheduled with or without a companioning director, may extend for any length of time and may include or not include meals. Costs vary depending upon these latter factors.

THIRTY DAY DIRECTED RETREAT:

This retreat is based on the full *Spiritual Exercises of St. Ignatius* and is offered on a personally directed basis. It is expected that a person has been in spiritual direction at least for a year and has made several directed retreats prior to application. For 2010, interested persons should contact our business office for an application packet, before March 1. This retreat is offered at *Saint Mary by-the-Sea, Cape May Point, NJ* from June 20 -July 23, 2010. **Cost: \$1800**

SOLITUDE and PRIVATE SPACE:

Provisions are available for persons seeking quiet time and space. We have 14 bedrooms. Meals are available upon request. Our campus, and the nearby paths of the Wissahickon offer ample beauty and spaciousness to revive one's spirit. Overnight cost with breakfast is a sliding scale of **\$30 - \$50/night**.

SUPERVISION:

The Center Staff offers supervision to certified spiritual directors in the following areas: spiritual direction, Thirty Day retreats, 19th Annotation retreats and Formation Ministry.

Cost of Supervision Session: \$25 - \$50/ session

OFF-SITE SERVICES:

When available, the Center Staff, individually or as a team, offers retreats, prayer experiences, faculty days, and programs for parish groups or SSJ Associates at either your location or at the Center. If interested, please call two months in advance. If the Center Staff is unable to meet these requests, we may be able to refer you to other SSJ presenters.

GIFT CERTIFICATES:

Giving a gift certificate to a friend, family member or co-worker is an excellent way to bless them with a lasting gift to their inner spirit!

FACILITIES:

The Center offers facilities for groups who wish to conduct their own program in a quiet atmosphere conducive to reflection. We welcome groups who gather in the spirit of our mission. Such gatherings can include meals, use of our 14 bedrooms and the use of our large Motherhouse Chapel. Arrangements can be made through our business office.

OUR SURROUNDINGS:

Chestnut Hill is filled with extraordinary beauty. Located on the grounds of Chestnut Hill College and the Sisters of Saint Joseph Motherhouse, the SSJ Spiritual Center offers many opportunities to walk in solitude and experience nature in all its seasons of beauty and diversity. A short walk takes one into beautiful Fairmount Park on a walking path along the Wissahickon creek. Our outdoor labyrinth invites one to contemplate her/his life's journey. Our environment lends to lifting one's heart to God in prayer and praise. Come see for yourself!

**OVERVIEW OF
SSJ SPIRITUAL CENTER OFFERINGS
FOR 2009 – 2010**

September 14 – 21	Directed Retreat (Cape May Pt.)
October 8 (Thurs.)	Coffee & Contemplation
October 13 (Tues.)	Evening of Input/Reflection
November 12 (Thurs.)	Coffee & Contemplation
November 14 (Sat.)	Morning of Input/Reflection
December 1 (Tues.)	Advent Evening of Reflection
December 4 - 6 (Wknd.)	Advent Prayer Weekend
December 10 (Thurs.)	Coffee & Contemplation
December 12 (Sat.)	Advent Day of Guided Prayer
January 14 (Thurs.)	Coffee & Contemplation
January 23 (Sat.)	Morning of Input/Reflection
February 11 (Thurs.)	Coffee & Contemplation
February 20 (Sat.)	Day of Guided Prayer
February 26 - 28 (Wknd.)	Lenten Prayer Weekend
March 2 (Tues.)	Evening of Input/Reflection
March 11 (Thurs.)	Coffee & Contemplation
March 13 (Sat.)	Day of Input/Reflection
April 1 - 2 - 3(Th., Fri., Sat.)	Holy Week Triduum
April 8 (Thurs.)	Coffee & Contemplation
April 18 - 24 (Sun. to Sat.)	Directed Retreat <i>Holy Redeemer Provincialate</i>
May 10 - 16 (Mon. to Sun.)	Directed Retreat <i>Sea Isle City, NJ</i>



FOR THE LIFE OF THE WORLD

THE CENTER STAFF

Pat Hickey, SSJ	215-248-7229	phickey@ssjphila.org
Joan Riethmiller, SSJ	215-248-7231	jriethmiller@ssjphila.org
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Business Office:
Kathleen Moriarty, SSJ
215-248-7222 spiritualcenter@ssjphila.org

REGISTRATION

Send your name, address, phone number, and program desired to our business office. We ask that you register at least one week prior to the program or time you are planning at the Center. If you desire a response by regular US mail, please include a self-addressed stamped envelope.

\$25 non-refundable registration fee is applied to total costs of weekends.

\$10 non-refundable fee is applied to the cost of Days of Enrichment.

\$5 non-refundable registration fee is applied to the total cost of Mornings and Evenings of Prayer and Enrichment.

Checks are payable to *SSJ Center for Spirituality*.

REGISTRATION FORM (Email or Phone is another way to register for any of our offerings)

Program: _____

Dates: _____

Name: _____

Address: _____

City _____ **State** _____ **Zip** _____

Phone (day) _____

Email: _____

Please add my name to the Center mailing list _____

***SSJ Center for Spirituality
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Address Service Requested

