

Saint Joseph
Villa



**Renewal and
Revitalization
Project**

2014-2016

Exciting Transformation Underway

An exciting transformation is underway at Saint Joseph Villa as it embraces the culture change movement happening in senior living facilities throughout the nation. As the Villa approaches its 50th Anniversary, now is the ideal time for the Villa's Renewal and Revitalization Project. Much of the infrastructure has reached its life expectancy and must be replaced. Over the next two decades an increasing number of sisters will require the special care provided by the Villa.

This Project will transform more than the building. It will transform the culture of aging based on the philosophy of person-directed care and service.

The Culture Change movement transforms nursing home and assisted living care from the traditional institutional model to a more home-like community based model. The model honors values and wishes of residents and those working directly with them. The focus shifts to give residents more control over their daily lives.

We have always taken care of our sisters ... *in all the cycles of life.*





Embracing culture change in retirement and nursing home living

Sustaining a healthy community will improve not only the physical well being of our sisters and lay residents, but will create a wellness model of healthcare that fosters independence and healthy, meaningful living. Our sisters and lay residents have always had individualized care plans, however, systems of care are often set up to maximize efficiency—not to address the unique needs and desires of each resident. The Villa’s adoption of culture change will require a revitalization of care plans for residents and a renovation of the building to facilitate this shift.

Each sister living at the Villa today, and the hundreds to follow, has devoted herself to living the mission of the Sisters of Saint Joseph. She has educated, counseled and comforted, prayed for, fed, clothed, nursed and ministered to the dear neighbor, which is at the heart of that mission.

The Villa is life giving; it is not really a place of retirement...it is a place of new life and welcome and caring!



Sister Virginia Stanton SSJ



Sister Maria Teresa Griffin SSJ

The women who went before us had such foresight to provide this wonderful place for us. And today we are continuing to look toward the future with the Renewal and Revitalization Project.

Resident Floors



Artist rendering of renovated resident floor core area entrance.

While it was a state-of-the-art facility at the time of construction, the Villa was based on an institutional or medical model. Floors, designated by the level of care, all look and function the same.

The renovated space on each resident floor will look more inviting from the moment the elevator opens. The current nurses station is removed and replaced with warm furnishings and a spot for gathering. Two communities will live on each floor — each with their own front door and community spaces.



Current view of core area entrance (nurses station).



Artist rendering of renovated resident floor community spaces.

The creation of community space on each floor eliminates the hospital look and feel and replaces it with a home-like atmosphere. Residents will spend less time in their rooms and more time with others in the renovated space that provides a country kitchen, dining area, living room or community room space that fosters a sense of belonging and socialization.

Instead of a community shower room, residents bathrooms will be upgraded to include a shower. A spa whirlpool bathtub will be available on each floor. Increased accessibility to porches will enhance the resident experience. Workroom areas for staff will be less prominent.



Current community dining space on resident floor.

I love life at the Villa! I love the fact that I feel at home and that I can be myself. Some people think, coming to the Villa is 'the end of the road' and it probably is — but, what an END!



Sister Helene Gardner SSJ



Sister Marion Ahern SSJ

At the Villa, I always feel at home and cared for.

I had a stroke and I am now in a wheelchair. It is a very good wheelchair and I can push myself all over and that is an independence everybody wants.

First Floor



Artist rendering of new Community Room and Cafe.

A new Community Room features a library and a cafe. This space will be ideal for small gatherings, as a place for individual residents to visit with guests and as an inviting space to relax. Oversized windows provide a view of the beautiful landscape from the comfort of indoors. Doors to the outside on both sides of the room will enable easy access to the garden and patio.

A Gift Shop and Hair Salon will be relocated to new spaces.



Current Community Room (front) and Gift Shop (rear).

My days here are full — I belong to the sisters' choir, volunteer in the Gift Shop and visit sisters who are recovering from surgery.



Sister Marie St. Paul Alspaugh SSJ



Sister Assunta Bonner SSJ

I chose to come here. I saw the care that was given to everyone and the joy in the people. You can't find more beautiful people. You are always greeted with a big smile...everyone knows you before you know them.



Artist rendering of renovated Dining Room.

The reconfiguration of the main dining room will create a more pleasant experience and encourage social interaction.

A new heating, ventilation and air conditioning (HVAC) system was installed in the kitchen in June 2014.

The front entrance lobby will also be enhanced.



Current Dining Room.

Ground Floor



Artist rendering of renovated Physical Therapy Center.

The Physical Therapy Center will be enlarged to provide an improved layout for exercise and consultation for both sisters and lay residents coming to the Villa for short term stays. The renovated space includes an activities of daily living (ADL) suite, which provides Occupational Therapy to help residents transition back to home by helping them navigate the kitchen and bathroom/bathing room.

A Wellness Center will be created for those residents, not receiving physical therapy, who want to keep healthy and fit through exercise. This area will include a new spa/hot tub for residents to provide relief from stress and joint pain, as well as state-of-the-art exercise equipment and group exercise space.



Current Physical Therapy facility.

We invite you to partner with us

in this timely and critical project at Saint Joseph Villa.

Timeline/Cost

The Saint Joseph Villa Renewal and Revitalization Project construction began August 2014 and will be completed in August 2016. The total cost of the project is \$25 million. This cost includes architectural and construction fees.

Naming Opportunities

Naming opportunities allow us to thank and recognize donors with a lasting tribute. Pledges may be made over a three year period.

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|---------------------------------|---------------------|
| Resident Floor Core Area | \$ 1,000,000 |
| Resident Neighborhood | \$ 500,000 |
| Main Dining Room | \$ 250,000 |
| Wellness Center | \$ 500,000 |
| Physical Therapy Center | \$ 50,000 |
| Resident's Room | \$ 25,000 |
| Hair Salon | \$ 75,000 |
| Whirlpool Tub Rooms | \$ 50,000 |

General Fund

We are grateful for all contributions to the Saint Joseph Villa Renewal and Revitalization Project. For your convenience, a Remittance Envelope is enclosed.

All contributions are tax-deductible as provided by law.

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